

Editorial

Dear Readers,

Greetings for 2014!

We are now an established, well-read, index journal in obstetrics and gynecology. The contributors from our SAFOG countries are satisfactory.

This issue comes to you with the usual categories of papers and articles. We present in this issue effect of postpartum exercises on the quality of life.

Articles on awareness about contraception and unwanted pregnancies have also been included.

Female infertility and oxidative stress are also well-discussed. We invite all of you to submit letter-to-editor, newer drug review, original articles, review articles and case reports with an intention to promote and increase the inclination and level of clinical research in South Asian countries. Do visit our website at www.jsafog.com. We would encourage if you reply to articles published in JSAFOG with a letter-to-editor or even better your own original data and experience.

The CD given with this issue is a medical extravaganza. The contents of CD are uploaded on our website.

Happy Reading and Happy Viewing

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