

Editorial

One can predict the direction of future by following the advancements of science and innovations closely over last 200 years. Yet the clinical obstetrics and gynecology practice remains essentially a practice of principles enshrined in contemporary literature. With increasing explosion of information, literature, it is becoming increasingly difficult for the busy practitioner to keep up with the available literature and advancements. To this goal we are striving hard to provide the clinicians available practice guidelines and cases encountered by clinicians and review of useful topics, update on clinical conditions.

We are proud that over two years we were able to bring out articles of worth; peer-reviewed, high in professional content, information useful to members. Both earlier issues of this year have been received well and personal communications to editors regarding contents formatting, layout, enriched display of print that have been very satisfying.

We at editorial board feel sense of pride in taking out yet another edition of our academic journey in obstetrics and gynecology. The third issue of this year is power packed with review articles on unraveling the mystery of treatment of PCOS, taking up comprehensive yet detailed account by our colleagues at Italy. The other, review article giving out spelt guideline on Myomectomy at LSCS, common daily operation in our field of practice. Guideline on amnioinfusion in meconium stain of liquor as an update deals with the dilemma. The rich clinical dealings of obstetric fistulas at a hospital catering to remote population in Nepal bring out lessons in practice and are laudable for then results as well in elevating sufferings of many.

The drug 'Misoprostol' has revolutionized many practices, to this theme next three contemporary studies amply highlight its utility, scope for further refining protocols. Clinical based guideline on attitude of obstetricians towards evidence-based guidelines debates the need to incorporate empowerment, to exercise clinical freedom leading to high levels of evidence-based practice that are achievable in our fraternity. Dysfunctional bleeding as a clinical entity remains a mainstay of every day work of gynecologist, which is now better dealt with newer armamentarium of drugs.

Hematological diseases during pregnancy, such as hemolytic anemia, polycythemia vera, late reproductive age group diseases such as Leukemia as menorrhagia, leads to lots of time, increasing morbidity in women, fortunately not so common occurrence. Yet we have three case reports as clinical practice cases encountered by clinicians as a spectrum. Interestingly abdominal pregnancy is still an occurrence giving credence to the belief that high index of suspicion and ultrasound remains better clinically intuitive and definitive modality to reach towards conclusive diagnosis and abates the need to grope in dark.

Nursing practices articles bring out the lessons well for need for Menopause counseling in our country even at village levels. Infrared lamp as therapy is useful in practice for care of episiotomies.

Despite the tremendous scientific and technological progress and changes, the role of caring physician remains unchanged in care of patients. Letter to editor as communication on Daily need of desktop reference for dealings of H1N1 influenza virus by Dr Tamkin Rabbani from AMU, Aligarh gives clear guideline for daily doings for prevention and curative practices.

Dr Rakesh Sinha, as a pioneer endoscopist of India, current President of IAGE has been generous not only in giving out the SAFOG DVD as a sponsored attribute, but also furthered the cause by contributing Guest editorial on Hystrectomy. Industry support in form of advertisement is desired across the region. Corona Remedies, from industry, have contributed towards sponsoring this issue. Their presence is acknowledged. Other snippets, such as conference reports held, news and events, conference calendar, feedback performa, book review, enrich the issue and are useful for members.

Dear members, you will all appreciate the need to make this journal grow and acquire a place of pride and professional stature within the region of SAFOG. Please contribute freely and abundantly your articles, studies and country specific data to be shared across the region. Do also subscribe this journal variously and copiously to make it sustain its viability.

Happy Reading.!

Editorial team wishes its members Happy New Year!

Regards

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