REVIEW ARTICLE

Medical Women on Planet Venus

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ABSTRACT

There are 13 medical women who have graced the craters on Planet Venus by virtue of their contribution to medical science. Out of these, two from each of Germany and India and one from each of nine countries, namely, Iran, Greece, Italy, Spain, France, Britain, Russia, China, and Japan.

This presentation will review the biographies of all of them. There are seven who lived and worked in the 19th and 20th centuries. Needless to say, they all have made outstanding contributions to medical relief. Venus has about 1,000 craters identified on its surface.

Venus is supposed to be the planet for women. It is known as a twin of Earth as it is of the same mass and size as Earth.

In 1991, scientists studying Venus with Magellan spacecraft proposed that these craters be named after famous women. It is an "Honor" for a positive contribution to medical science and society.

There have been many space missions to study Venus. The then USSR sent 30 Venera Missions to Venus starting in 1961. Currently, a Japanese Akatsuki spaceship is orbiting Venus.

Medical women had a late entry into medical profession, some time in the mid-19th century. They were not welcomed and had to establish themselves against all odds. In a span of 100 years, women in medicine gained a strong foothold and their contribution to health care was acknowledged all over the world. By the end of 20th century, their life and works were immortalized on Planet Venus. The history of the development of women in medical profession is chronicled here.

It is a proud moment for all medical doctors that so many grace the craters of Planet Venus.

Keywords: Doctors, Gynecology, Planet Venus Medical Women Craters named after, Woman.

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Introduction

It is interesting to note that there are 13 women doctors who have graced the craters on Planet Venus by virtue of their contribution to medical science. Out of these, two from each of Germany and India and one from each of nine countries, namely, Iran, Greece, Italy, Spain, France, Britain, Russia, China, and Japan.

MATERIAL AND METHODS

This presentation will review the biographies of all of them. There are seven who lived and worked in the 19th and 20th centuries. Needless to say, they all have made outstanding contributions to medical relief and therefore deserve to be immortalized on Planet Venus.

When you look at the Moon or Mercury, their surfaces are pounded with impact craters. Mars has many craters and so does Earth. Venus has about 1,000 craters identified on its surface. Only about 100 craters have been identified and named so far.

Venus is supposed to be the planet for women, and Mars is supposed to be planet for men. Venus is a Goddess of love, beauty, and fertility in Greek mythology. This planet is 4.6 billion years old. The first person to point a telescope at Venus was Galileo Galilei in 1618. It is known as a twin of Earth as it is of the same mass and size as Earth. It is Earth's neighbor on the side of the sun.²

In 1991, scientists studying Venus with Magellan spacecraft (Figs 1 and 2) proposed that these craters be named after famous

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women.³ Instead of giving them numbers, it was decided to give eponyms. Oxford English Dictionary defines eponym as "A person after whom a discovery, invention, place, etc. is named or thought to be named." In medicine, there are over 15,000 eponyms. It is an "Honor" for a positive contribution to the medical science in the relevant endeavor. Each crater has its own location or coordinates and diameter recorded. The year the eponym was approved is also recorded. The International Astronomical Union approved this proposal.

Since then, about 100 craters have been named. The famous women after whom craters are named include playwright Lillian Hellman and Clare Booth Luce. Margaret Mead, the anthropologist, and Pearl Buck, the famous author, also feature in the list. Among them, there are 13 women doctors.

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Fig. 1: Magellan Spaceship to Venus. Image Credit: NASA. Last updated: August 7, 2017; Editor: NASA Content Administrator⁵



Fig. 2: Artist's depiction of Magellan at Venus. Available from: https://en.wikipedia.org/wiki/Magellan_(spacecraft)⁵

RESULTS

Table below gives the details of all the craters named after women doctors. Each crater has a name, its location, diameter, and the year it was named.

SI. Nos.	Crater	Coordinates	Diameter (km)	Approval year	Eponym
1	Andami	17.5°S 26.5°E	28.9	1991	AzarAndami, Iranian physician and researcher
2	Anicia	26.3°S 31.3°E	38.2	1991	Anicia, Ancient Greek physician and poet
3	Cortes	11.4°S 141.6°W	27.7	1994	Isabella Cortese, Italian physician
4	Erxleben	50.9°S 39.4°E	31.6	1991	Dorothea Christiane Erxleben, German physician
5	Galindo	23.3°S 101.2°W	23.8	1994	Beatrix Galindo, Spanish physician and educator
6	Heloise	40°N 51.9°E	38	1994	Heloise, French physician
7	Jex-Blake	65.4°N 169.3°E	31.6	1991	Sophia Jex-Blake, British pioneer woman physician (1840–1912)
8	Jhirad	16.8°S 105.6°E	50.2	1994	Jerusha https://en.wikipedia.org/wiki/Jerusha Jhirad (1891-1984), Indian physician.
9	Joshee	5.5°N 71.3°W	37	1994	Anandibai Joshee, Indian pioneer physician (1865–1887).
10	Rudneva	78.4°N 174.7°E	29.8	1985	Varvara Rudneva, Russian physician (1844–1899).
11	Shih Mai-Yu	18.4°N 41.1°W	22.3	1994	Shih Mai-Yu Chinese physician (1873–1954).
12	Von Siebold	52°S 36.6°E	32.4	1991	Regina von Siebold, German physician, educator (1771–1849).
13	Yoshioka Yayoi	32.4°S 59°E	16.6	1994	Yoshioka Yayoi Japanese physician, College founder (c. 1871–1959)



DISCUSSION

The following are the biographies and life sketches of the famous women doctors.



Azar Andami (1926-1984) from Rasht, Iran

She was a teacher for the Ministry of Culture and attended the University of Tehran. She graduated as a Doctor of Medicine in 1959. She specialized in Gynecology and moved to the Pasteur Institute in Tehran and then to Paris to study bacteriology. She also published several scholarly papers and invented a vaccine against cholera. Wikipedia: https://en.wikipedia.org/wiki/Azar_Andami. Source: alchetvon.com; Parsplanet-deh.persiangig.com

Anicia from Greece

She was a physician from classical Greece and lived around 300 BC. She was a contemporary of Hippocrates. Not much is known about her.



Isabella Cortese (1561) from Italy

She was an Alchemist and created cosmetic products. She wrote books on subject called "Book on Beauty Secrets for women." She learned by traveling around the globe. She was one of the earliest "cosmetologists," perhaps the first one to start this branch. Wikipedia: https://en.wikipedia.org/wiki/Isabella_Cortese. Source: openlibrary.com



Dorothea Erxleben (1715–1762) from Germany

She was the first female physician from Quedlinburg, Kingdom of Prussia. She was inspired to fight for right to practice medicine supported by King Frederick, The Great. She completed her MD from the University of Halle in 1754. She emphasized that obstacles preventing women from studying Medicine were housekeeping and children. Wikipedia: https://en.wikipedia.org/wiki/Dorothea_Erxleben. Source: madamegilflurt.com



Beatriz Galindo (1465–1534) from Salamanca, Spain

She was a Spanish Latinist, educator and physician. She was a writer, a humanist, and a teacher of Queen Isabella of Castile. She was one of the most educated women of her time. She was also known as "La Latina." Wikipedia: https://en.wikipedia.org/wiki/Beatriz_Galindo. Source: hemmahoshilde.wordpress.com



Heloise (1090-1164) from France

She was a French nun, writer, scholar, and Abbess and also physician. She is accorded an important place in French literary history and feminist representation. She was romantically linked to Pierre Abelard—a nobleman and philosopher and also a doctor. He taught her medicine, and she became a famous doctor. Wikipedia: https://en.wikipedia.org/wiki/H%C3%A9lo%C3%AFse. Source: babelio.com



Dr Sophia Jex-Blake (1840-1912) from Sussex, England

She was a physician, teacher, and feminist. She graduated from the University of Edinburgh. She was the first practicing female doctor in Scotland and first in the wider United Kingdom of Great Britain and Ireland. She was a leading campaigner for medical education for women. She also founded two medical schools for women: One was in London, and the other in Edinburgh. At that time, no other medical schools were accepting women for training. Wikipedia: https://en.wikipedia.org/wiki/Sophia_Jex-Blake. Source: BBC.co.in



Dr Jerusha Jhirad (1891-1984) from India

She was an obstetrician and gynecologist. She was a member of the Bene Israel Jewish community. She was the first woman to be awarded a Government of India scholarship to study in the United Kingdom. She was M.D. in Obstetrics and Gynecology from the University of London. She was awarded the MBE (Member of the British Empire) (Civil) by the British. She was honored with Padma Shri by the Government of India in 1966. She was a very revered person in India and an icon for all women doctors in India. Wikipedia: https://en.wikipedia.org/wiki/Jerusha_Jhirad. Source: link.springer.com



Dr Anandibai Joshee (1865–1887) from India

She was the first woman of Indian origin to graduate with a degree in Medicine in USA. Her story is inspiring and also tragic. She was the subject of the custom of child marriage. Her son was born when she was fourteen, but barely survived for 10 days. The angst of losing her child led her to pursue a degree in the medical sciences. In 1886, Anandibai graduated from WMCP (Women's Medical College of Pennsylvania). Queen Vitoria sent congratulations to both Anandibai and to the college. After her return to Mumbai, tuberculosis claimed her life. All this before she had even turned 22.4 Wikipedia: https://en.wikipedia.org/wiki/Anandi_Gopal_Joshi. Source: ndtv.com



Dr Varvara Rudneva (1844–1899) from Russia

She was the first woman in Russia to be a physician and to obtain a degree in medicine. Her examination was thereby unique in Russia at the time and was given a lot of attention. Despite the ban against women studying at the University, she was given a special dispensation to study by promising to treat only women patients who refused to be treated by male doctors because of religious reasons. Wikipedia: https://en.wikipedia.org/wiki/Varvara_Rudneva. Source: chausy.by



Dr Shih Mai-Yu (1873–1954) from Jiujiang, China

She studied at a Methodist School for Girls in China. She was among the first Chinese women graduates in the United States. In the People's Republic of China, she founded a hospital and developed the nursing profession. She studied medicine at the University of Michigan. She was involved with the Shanghai Bethel Mission and the Women's Foreign Missionary Society, among other organizations. https://en.wikipedia.org/wiki/Mary_Stone_(doctor). Source: womenofchina.en; Canonjjohn.com





Dr Regina Von Siebold (1771-1849) from Germany

Ragina was the first female obstetrician with University degree. She was married and widowed twice. She worked as an assistant to her second husband Dr Siebold. She obtained obstetrician license in 1809 from Darmstadt University and Honorary degree from Giessen University in 1815. Later, her daughter joined her in medical practice. Wikipedia: https://en.wikipedia.org/wiki/Regina_von_Siebold. Source: helenrappapnt.com



Dr Yoshioka Yayoi (1871–1959) from Tokyo, Japan

She was a physician and women's rights activist. She founded the Tokyo Women's Medical University as the first medical school for women. She was also known as Washiyama Yayoi. She founded the Japan Medical Women's Association in 1902 and was its first president. It was the first such association formed in the world. Wikipedia: https://en.wikipedia.org/wiki/Yoshioka_Yayoi. Source: prabook.com

Conclusion

Women had a very late "entrée" into the medical profession. They were not only not welcomed but were ridiculed when they tried to join the men in the medical college.

They were, however, welcomed into the nursing profession and as Midwives. Florence Nightingale is credited with starting the nursing profession and giving it a good status.

Midwives have always been traditional birth attendants and are still giving service in almost all parts of the world. They have contributed immensely to the reduction of maternal mortality universally. Moreover, it is a well-organized respected profession with opportunities for further training in most countries.

Medical women or women doctors entered the medical profession in the late 19th century. It is not difficult to understand because at that time women were not given a vote. Education itself was not encouraged fully for young girls. Marriage and child bearing was considered as the way forward.

Before the 19th century, there were a few women doctors as can be seen in this study. They were mostly assistants to famous doctors or came from doctor families. They became popular and their services were appreciated. Some appealed to the kings or queens and were given special permission to practice. Occasionally, they received an official medical degree (Dorothea Erxleben in the 18th century).

In 1850, in USA, Quakers set up the Women's Medical College of Pennsylvania in Germantown. It produced a native American woman doctor, Susan La Flesche. Some African American students also got admission. One of them was Eliza Grier, a former slave girl.

It attracted international students consisting of women who were not allowed to study medicine in their own countries. This included three famous women, namely, Anandibai Joshee from India, Keiko Okami of Japan, and Sabat Islambouli of Syria. Each of them became the first qualified woman doctor in their own country. WMCP still exists as a well-known institute for medical women.

Queen Victoria was the reigning Queen of the British Empire in the 19th century. She was crowned as Empress of India. She was aware about the difficulties that women faced in healthcare and that childbirth was itself the major cause of death for women. The struggle to enter medical college had started in UK during her reign.

The London School of Medicine for women was established in 1874. It was perhaps the first to enroll women.

Sophia Jex Blake became the first practicing doctor in United Kingdom. Later she herself founded two medical schools, namely, one in Edinburg and one in London exclusively for women.

It was Queen Victoria who sent two women doctors from UK to Mumbai, India, in 1885 to set up a hospital for women. The Cama and Albless Hospital opened in 1886 and still stands today as a Heritage Institute.⁴

In 1885, the gates of Grant Medical College in Mumbai opened for women. It was established in 1845 and admitted only men till 1885. Five brave women joined, qualified, and started practicing.

Elizabeth Blackwell (1821–1910) was the first American woman doctor to qualify after overcoming many difficulties. She was not accepted into any medical college in USA, despite good qualifications. Finally, she had to go to Geneva Medical College from which she graduated in 1845. She and her sister practiced for many years in New York and served the under-privileged population.

Australia's first woman doctor was Dr Vivian Violet Cooper (1861–1947) who graduated from London School of Medicine for women in 1886 and emigrated to Australia to become the first female medical doctor in Queensland.

In Japan, Ginko Ogino (1851–1913) was the first woman doctor. Women were not allowed to take the national examination, and she struggled for 15 years and finally got the permission. Thereafter, she worked to establish the position of medical women. In 1902, the Japan Medical Women's Association was formed, which was the very first such association. Yoshioka Yayoi, the first president, has a crater named after her on Planet Venus.

It is therefore very creditable that from this difficult beginning within 100 years women excelled in medicine and were honored

by having craters in Venus named after them. Thirteen percent of craters are named after women doctors, while others are from the world of arts, literature, and other subjects.

CLINICAL SIGNIFICANCE

It is a proud moment for all medical doctors that so many grace the craters of Planet Venus. It is a tremendous tribute to their contribution to Humanity on Planet Earth.

This commendable progress needs to be recognized, honored, and widely publicized to serve as an inspiration. That is the overall goal, conclusion and clinical significance of this presentation.

As science advances, more craters will be identified and named. Many more medical women may get honored. There are already many medical women working in NASA and other National Space Organization and are making valuable contributions. We must all feel very proud of their achievements and wish them good luck as they explore the "outer space."

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